

## Notes from SSCP Board Call

Time and Date: Wednesday February 19, 2:00-3:00 pm (Eastern Time Zone)

Conference Dial-in Number: (712) 775-7300, Participant Access Code: 948357#

Board members present: Bethany Teachman (President, bteachman@virginia.edu); Michelle Craske (Past President, craske@psych.ucla.edu); Mitch Prinstein (President-elect, mitch.prinstein@unc.edu); Stewart Shankman (Secretary-Treasurer, stewarts@uic.edu); Lauren Alloy (Member at Large, lalloy@temple.edu); Ben Hankin (Member at Large, ben.hankin@psy.du.edu); Doug Mennin (Representative to Div 12, dmennin@hunter.cuny.edu); Sara Bufferd (Newsletter Editor, SBufferd@csusm.edu); Rosanna Breaux (Student Representative, rbreaux@psych.umass.edu).

Board members absent: Victoria Smith (Student Representative, vsmith@umd.edu).

- I. Greetings (check if there are any CONSENT items that someone wants to discuss)
- II. Reports
  - a. Secretary/Treasurer – Stew Shankman

**Report:**

CONSENT: Past Month Financial Highlights

-Expenses: Network solutions web hosting (-\$53.98); Div. 12 processing fees of our dues/paperwork (-\$126.52)

-Income: dues from Division 12 (+\$3573.00), dues from Division 12 (+\$80.00)

-Pending: 5 dissertation award winners (+\$2500...plus \$1500 [total] for their travel to APS).

-Bank Balance on 2/19/14: \$32,818.98

-Notes: In case people are curious....our bank balance on Jan 1, 2013 was \$28,602.04 and our balance on Dec 31, 2013 was \$29,216.48 (a tiny increase of only 2% over the course of a year). I think this stability is a good sign.

- b. Membership Issues – Dave Smith

**Report:**

CONSENT: We currently have 210 full members and 276 student members. That's a little bit ahead of where we were at this point last year. Our numbers tend to peak (at approximately 250 members and 350 students) around the time of the convention, mainly due to students joining to participate in the various competitions. We are about to reach out to the 73 member and 249 student non-renewers from 2013, suggesting they re-join soon before their names go to the ListServ manager for removal from SSCPnet. There was quite a bit of struggle with the payment portal this year, so maybe some gave up in frustration and will try again.

We have invited Dave to talk to us about switching to a new system to more easily manage membership sign-ups and give us more flexibility.

- c. External Nominations Committee – Ben Hankin (committee members: Bonnie Spring, Sherryl Goodman, Sheri Johnson)

**Report:**

CONSENT: We have formed an excellent committee of 3 internationally renowned clinical psychologists who cover different areas of expertise, including child clinical, adult, and behavior/health. We have begun to nominate individuals for APA boards and committees. We are focusing on select APA committees, including advisory steering committee for development of clinical practice guidelines, educational affairs, professional affairs, and board of convention.

- d. Students' Website/Listserv/Internship/Other Issues –Victoria Smith & Rosanna Breaux

**Report:**

DISCUSS: Student Listserv Facilitator Opening.

-We have not yet found a student to serve as the student listserv facilitator. Rosanna has been serving as the student listserv facilitator in the interim. We are still recruiting for the position and have sent out another email to the student listserv. Do any board members have any names of students that may be interested in the position?

CONSENT: SSCP Student Poster Reviewers.

-Tom Olino, Victoria, and Sarah Haas have been overseeing the SSCP Student Poster review process. The submission window for the SSCP Student Poster Competition is now closed as of 2/3/14. We received a total of 87 submissions. Student reviewers are almost finished reviewing submissions, and will complete the review process by the deadline of 2/15/14.

DISCUSS: Student Spotlight Award.

-We would like to implement a new student award, if the board approves it. The award would feature/spotlight one outstanding graduate student in clinical psychology in each newsletter. One student would be selected based upon his/her interest in clinical psychology and their contributions to the field. We received inspiration for this award from the Society for Pediatric Psychology, which calls this their "Student Spotlight Award". For an example, see: <http://www.apadivisions.org/division-54/publications/newsletters/progress-notes/2011/10/student-spotlight.aspx> As part of the application for the award, student applicants could submit a short blurb, and their CV. Sara has provided her support for this idea, and we will continue to work with her to ensure that this award is distinct enough from the student perspective's column.

The Board approved this idea, and asked the students to consider what criteria they would want to use to judge nominees. The students will present these proposed guidelines to the Board next month.

CONSENT: SSCP Student Journal Club.

-We will be sending out a questionnaire to members who participated in the journal club this fall to gauge interest for starting the club back up. Additionally, we would like to solicit feedback and suggestions about how best to utilize the journal club and to increase discussion of the articles. We will then make a call for new members to join the journal club and determine a theme for this semester's articles.

e. D12 Representative – Doug Mennin

**Report:** Summary of the recent Division 12 Board Meeting:

1. DISCUSS: Convention hours (Denise Sloan, program chair).

-Down to two hours per section

-May have more for bigger sections but tied to D12 membership

-Numbers will go down

-Different proposals--1 hr each for sections but then have them collaborate for other hrs

-I suggested rotating a theme that is run by D12 and sections can partner with D12 but look towards a larger goal for theme, connecting into other initiatives at APA so its a larger message

-For science, this would be us with D12 and then maybe BSA too

-I pointed out that sections don't really need hrs always--better to have a jointly decided theme and some sections will become leaders of that theme and some won't

-But it should be based on what is hot and can have teeth with APA and grab new members

-Dave Smith and Guillermo Bernal have suggested that a strategic plan could help here

-Terry Keane pointed out that this can connect with interdivisional initiatives which have more funds

-A compromise position--1 hr to sections but rest to collaborative

-Vote made it positive (13 yes; 1 no)

-Pilot trial for 2015 and see how it goes with 1 hr per section and the rest for a thematic

2. CONSENT: Annual stipend \$300-500 per section.

-This year its \$300

-All voted yes

### 3. DISCUSS: Membership portal.

- Some sections don't pay; we have a contract and do
- Movement to have ability to sign up for D12 and multiple sections
- Decided that sections will pay \$1 per renewing or new member (we will save money on this new arrangement)

### 4. CONSENT: Special Interest Groups?

- It has been suggested that the Society would benefit from the establishment of Special Interest Groups.
- SIGs are not in the by-laws and therefore their establishment does not require Board approval and they do not need a formal structure (a SIG could decide to have dues and officers, but that is not a requirement in the Society by-laws since SIGs are not mentioned in the by-laws). In terms of SIGs that might have a constituency, members who have interests in child and adolescent clinical psychology presently have no home base within the Society because sections that had those focal areas spun off to become separate divisions within APA. The establishment of SIGs would also provide an avenue for new interests as they develop (e.g., tele-clinical psychology), as we currently do not have as structure for such initiatives other than formally gathering enough support to establish a section.
- There was strong interest in this
- I suggested we hold off to have a strategic vision of what we want to be pursuing as an organization and have SIGs come from that
- Dave Smith pointed out it should be top down and a list made from board to control interest and connection to greater D12 mission

### 5. DISCUSS: Diversity Issues.

- Committee but not sure what charge is
- Plan to recruit or retain underrepresented groups?
- Committee elects its own leader and that leader is on board
- Committee is from bylaws; terms of members for 3 years and is tasked with underrepresentation and to ensure that diversity issues are addressed in each initiative and issue

### 6. CONSENT: Structure of D12 Board.

- Should fewer people come? Should we do things via video call?
- Will be tabled to executive committee for proposals

### 7. DISCUSS: CE workshops.

- Looking for high quality, affordable programs
- Board will work with CE committee to generate ideas for programs

### 8. DISCUSS: Membership.

- Increasing revenue
- I mentioned average age issue now 63 instead of 67 but need more
- I argued once again to have small conferences with big luminaries who believe in SCP/D12 meet with grad students to talk about issues such as internship, jobs, science programs as well
- Ask local grad programs to pay small amounts so all grad students can come
- Then get students to sign up
- I also suggested to speak about the organization as SCP rather than D12
- Sharon Berry brought up the idea of a conference
- I suggested that we draw from regional conference idea and have a branded SCP conference
- John Linton suggested it be about career development
- Could have early mentoring with young professionals as well as luminaries giving talks
- For D12 and SSCP, have 3 or 5 year memberships
- SSCP wins in total membership but loses in D12 membership percentage

### 9. CONSENT: Name.

- Now refer to as Society of Clinical Psychology or "SCP"

10. DISCUSS (MENTION): Empirically supported treatment.

-David Tolin has made this his presidential initiative

-Better definition of what an EST is---move away from DSM, common principles rather than treatments, move away from packages

-Common gold standard of assessment

11. CONSENT: Section Reports.

-I talked about all the activities we have been working on and awards we have been giving out. Also talked about our APA program, last year and this year

-Also discussed SSCP's review of their affiliation with APA - D12 board members expressed strong desire that SSCP should stay with SCP

12. CONSENT: Financials.

-Losing funding based on membership

-Fall mini-conference of Terry's needs a small amount

-Conference may be hard too soon; might be best after 2015

13. CONSENT: Section 10: Students and Early Career Psychologists.

-Not active and not effectively bringing students into SCP

-Movement to get this group to be more active; John Linton suggested that a professional should run it

-Mark Sobell argued that it should be a SIG rather than a section

f. Newsletter Report – Sara Bufferd

**Report:**

CONSENT: The Winter (February) Clinical Science issue is nearly complete and will be sent out soon. I am preparing for the Spring (May) issue: We have two early career contributors and one student planning to submit pieces; I have been emailing graduate students to solicit a second student piece. I requested brief summaries from the SSCP Training Grant winners. With Bethany's assistance, I will begin the process to initiate our first practitioner's column. In our upcoming calls, it will be helpful to discuss names of possible early career individuals and students who can provide submissions for issues in the upcoming year.

Please send names of folks who may be a good fit.

g. SSCP collaboration with APCS re Delaware Project – Michelle Craske

**Report:**

CONSENT: The Delaware Project Leadership Team (comprised of Atkins, Beveridge and Craske + three graduate student reps) collected pilot survey data and are now revising the survey to be distributed to all APCS programs.

h. SSCP/APS Job Mentorship Database Update – Bethany Teachman

**Report:**

DISCUSS: We currently have ~50-60 mentors signed up, which is an improvement, but I'd like to think about how to increase that number. We have posted requests to sign up repeatedly to the SSCP, ABCT & CUDCP list serves. Suggestions for other ways to reach clinical scientists working in non-traditional settings?

More mentors are needed, especially in non-academic settings. Direct contact with PCSAS DCTs to solicit participation among their alumni may be a next step. Bethany will talk with Tom Oltmanns or Dick McFall about this option.

i. Task Force to examine affiliation of SSCP with APA – Mitch Prinstein

**Report:**

DISCUSS: The task force has continued to outline a suggested set of ideals and goals for SSCP that may have bearing on APA affiliation. The development of these goals is meant to help change the conversation regarding APA affiliation from an emotionally reactive dialogue to a strategic, proactive

one. Pros and cons of APA affiliation with respect to each of these goals will be discussed on our next call.

The Task Force will be generating materials soon to help guide a more strategic, planful discussion.

j. Diversity initiatives – Doug Mennin/Bethany Teachman

**Report:**

DISCUSS: Doug will update the group on the discussion about the diversity committee at the Division 12 Board meeting so we can consider what would be a helpful next step for SSCP to more actively work on these issues.

-Bethany talked to Dave about whether we could get some info about the breakdown of our membership (for full & student members) by race, ethnicity, age, and gender. However Dave reported that Division12 handles our membership database, and all they keep track of is payments and contact details.

We need more data on our own membership. The Board may conduct a brief survey to collect these data. Stewart will initiate. While collecting data, we can solicit interest in helping to lead a SSCP Diversity Committee. Doug will look into a potential chair for this committee.

k. Reaching out to clinicians – Bethany Teachman/Jackie Persons

**Report:**

DISCUSS: Jackie Persons has agreed to lead the newly formed clinician outreach committee (official name TBD). Bethany and Jackie spoke about the goals for the committee, which include: a) making it easier for people to practice as clinical scientists; b) helping clinicians both consume and contribute to clinical science (e.g., how to do research in private practice); c) helping clinicians get better at monitoring progress/collecting data in clinical practice/single-case designs; d) talking to researchers about how to design interventions so that they're easier to put into practice. We also discussed the need to have multiple groups represented on the committee (e.g., practitioners, DCT, intern director, dissemination researcher, etc.) and Jackie will work on putting together a list of potential committee members. We discussed how to make the committee's work sustainable and suggested that this become an ongoing standing committee with 2-year terms. We also discussed the possibility of doing a survey of clinicians' needs and a broad range of potential initiatives for the committee to consider. Finally, we discussed the value of collaborating with other organizations that are doing related work, and Jackie will plan to join in Board calls every few months to provide us with an update and she'll come to our Board mtg at APS.

III. Awards and Grants

a. Student Dissertation Award (Chair of Committee – TBA)

**Report:** Nothing to report

b. Clinical Scientist Training Initiative Grant (due March 1) – Bethany Teachman

**Report:**

CONSENT: The announcements for the grant have been posted on list serves and we have started to receive submissions.

c. Susan Nolen-Hoeksema Early Career Research Award (due Feb 1) – Lauren Alloy

**Report:**

CONSENT: We have 7 nominees.

d. Lawrence H. Cohen Outstanding Mentor Award (due March 1) – Michelle Craske

**Report:**

CONSENT: We have 1 nominee to date (closes March 1).

IV. New Business

a. APA CE Credit Committee – Bethany Teachman/Mitch Prinstein

DISCUSS: A committee comprised of David Tolin, Dean McKay, Jon Abramowitz, Mitch, Bethany, and Jerry Davison have had several phone meetings, and prepared a draft statement outlining our concerns with the current APA CE approval process, and proposed some steps that could lead to a CE review process that is more consistent with the principles of clinical science. This statement was then sent to Cynthia Belar, Executive Director of APA's Education Directorate, to ask for feedback about how we can be most effective in promoting change to the CE process. Once we receive feedback from Cynthia, we expect to share the statement with the SSCP, ABCT, Division 12 and other organizations' memberships to ask for feedback and for endorsement of the message, which can then be presented to the APA Office of Continuing Education.

b. SSCP Response to COA Proposed Changes – Bethany Teachman

-DISCUSS: There was some discussion on the list serve about whether SSCP should comment on the proposed changes from COA. We had heard that the Academy was also considering preparing a response, so contacted them about potentially working together. The Academy elected to prepare their comments separately; in part I think to encourage more people to be involved in commenting. We thus need to decide if this is something we want to take on within SSCP. Given we are not an organization that represents programs (we are representing individuals that may or may not be part of programs), I don't think we need to respond, but I'd like to hear the Board's perspective on whether providing some feedback would be useful and whether we think it would have added value (beyond the comments provided by other groups that are already responding).

Will be discussed on the next call.

c. Updated Division 12 website – Stew Shankman/Bethany Teachman

-DISCUSS: Division 12 is preparing to update its web site and would like more input from the sections. For instance, they will have a new "Clinical Bulletin" section that is designated for briefs written for the public and/or other members on various topics related to clinical psychology. These can be short, 1-2 page articles. These can be sponsored by a Section and present information that is relevant to that section. They would like us to sign up for a month to feature an SSCP article. Any volunteers to write a brief or ideas for topics?

Not discussed.

d. Communications rep – Bethany Teachman

-DISCUSS: When there was so much activity on the list serve at the end of last year, we discussed the idea of having a Communications rep who could help make sure the Board was aware of the concerns raised on the list serve and help make sure the membership was updated on our current work (e.g., they would add and maintain a "Current initiatives" link on the web site). Is this something we still want/need, and if so, do we have a volunteer from the Board or do we want to invite someone for this role? The alternative is that we don't appoint someone, but all take more initiative to regularly report to the membership on our efforts and solicit feedback. I am leaning toward this latter option, but want to check with the Board.

Not discussed.

e. Note from Cynthia Belar, Executive Director of APA's Education Directorate

-DISCUSS: Following our response on the list serve, we received the following email from Cynthia:

"With respect to your initiatives for SSCP, I wanted to tell you that we recently launched live webinars and video on demand programs for grad programs. We had one on competencies for primary care last week and one on report writing in November. One that is available free until the end of the year is on the ICD and yet another one is on QI methods by Bill Donohue. These are all part of the APA Online Academy for which we are experimenting with models for grad ed that are different than the usual CE model.

We would welcome exploring co-sponsorship by SSCP on specific programs related to evidence based practice. Thus far our topics have been quite generic, but we are committed to dissemination of ESTs to grad ed programs and those goals seem compatible with our section and your goals. Let me know if you want to talk more about this idea. As I said, although we have done a couple already, this initiative is "in development".

I don't have any other info on this right now, but am sharing it with the group to see whether there is interest in us gathering more info, and to ask for a reminder about how we left our discussion about SSCP getting involved in CE workshops at the Board mtg held in May at the last APS.

Not discussed.

## **Yearly Round Reminders 1-10-14 Update**

***Key:*** Item (person responsible)

### **Recurring throughout year**

Newsletter submission and publication dates (Newsletter Editor, President, Secretary/Treasurer)

Monthly Board call

### **January**

Transfer of office - Jan. 1

Submit tax forms to Div 12 office (deadline early in Jan) (Secretary/Treasurer)

Attend Division 12 meeting (Div. 12 representative)

Send reminder to full and student members to renew membership (Membership Committee in conjunction with Secretary/Treasurer; Student Listserv Facilitator or Student Reps to send a general reminder to the student listserv)

Send reminder on deadline for submission of posters for APS; determine which posters are accepted. Notify submitters of their acceptance/rejection. Students need to be SSCP members to submit poster (SSCP representative to APS program committee)

Constitute committee for Susan Nolen-Hoeksema Early Career Research Award so that evaluation of applications for the award can begin immediately after February 1 (selected Member-at-Large)

Publicize Lawrence H. Cohen Outstanding Mentor Award to solicit nominations for March 1 deadline

### **February**

February 1 – Deadline for receipt of applications for nominations for Susan Nolen-Hoeksema Early Career Research Award

Order plaque for Distinguished Scientist Award winner (to be given at APS or APA) (Secretary/Treasurer)

Request \$500.00 tax contingency from Lynn Peterson at Division 12 office. This could be done in other months, but Feb-March is modal. (Sec-Treas or Div. 12 rep)

Constitute committee for Lawrence H. Cohen Outstanding Mentor Award so that evaluation of applications for the award can begin immediately after March 1 (Past-President)

Select winner of Susan Nolen-Hoeksema Early Career Research Award (Committee)

Notify a) winner of Susan Nolen-Hoeksema Early Career Research Award by end of month, asking him or her to send his or her social security number and home address to secretary/treasurer so payment can be processed; (b) nominators of unsuccessful candidates; (c) SSCP membership about the selected Awardee (President)

Order plaque for Susan Nolen-Hoeksema Early Career Research Award (to be given at APS or APA) (Secretary/Treasurer)

### **March**



March 1 – Deadline for receipt of applications for nominations for Lawrence H. Cohen Outstanding Mentor Award

Select judges, including at least one Board member, for student poster awards competition at APS meeting (end of May) (SSCP representative to APS program committee)

Confirm that poster presenters are SSCP members (SSCP representative to APS program committee)

Select winner of Lawrence H. Cohen Outstanding Mentor Award (Committee)

Notify Winner of Lawrence H. Cohen Outstanding Mentor Award by end of month, asking him or her to send his or her social security number and home address to secretary/treasurer so payment can be processed; (b) nominators of unsuccessful candidates; (c) SSCP membership about the selected Awardee (President)

Order plaque for Lawrence H. Cohen Outstanding Mentor Award (to be given at APS or APA) (Secretary/Treasurer)

## **April**

Confirm receipt of Division 12 \$500.00 tax contingency that was requested in February and follow-up with Div 12 if necessary (Secretary-Treasurer)

Remind “lapsed” members to renew for current year (membership committee in conjunction with Secretary-Treasurer)

Remind “lapsed” student members to renew for current year (Student listserv manager, student representatives)

Plan Board mtg at APS – timing and setting of meeting, invite award winners, arrange for plaques, plan dinner (President)

## **May**

APS – 1) select Student Poster presentations awardees (SSCP representative to APS program committee and selected reviewers). The winner(s) receives \$200 and “Distinguished Contributions” receive \$100. A year complimentary membership in APS is also awarded to “Winner(s)” and those making “Distinguished Contributions,” including all student co-authors on these posters. The number of such awardees is at the discretion of the reviewers, with the limitations that there is at least one winner. The total amount of cash awarded has varied from \$500-\$1,500.

2) Present SSCP Distinguished Scientist Award (optional) (President)

3) Present Lawrence H. Cohen Outstanding Mentor Award (optional) (President)

4) Present Susan Nolen-Hoeksema Early Career Research Award (optional) (President)

Meeting of SSCP Board and Annual Meeting of Members at APS convention (optional)

If the Annual Meeting of Members is conducted at the APS convention, SSCP Dissertation Award Winners are presented their certificates during that meeting. If winners are not in attendance, their certificates are mailed to them (Dissertation Award Committee Chair or President)

Check SSCPnet subscribers against membership list and unsubscribe persons who have not paid membership dues (Secretary/Treasurer, Chair of Membership Committee, with Listserv Manager)

Update student listserv – remove those with lapsed memberships and those who have graduated from the listserv (Student listserv manager, student representatives)

Appoint a nominations committee (President in consultation with the Past-President). The Past-President serves as Chair and the remaining members typically are two full members and one graduate student member.

Begin consideration of nominees for open Board positions (Past-President, Nominations Committee, Board)

## **June**

Call for nominations for open Board positions (Past-President).

## **July**

No action items

## **August**

Meeting of SSCP Board and Annual Meeting of Members at APA convention (optional)

APA – 1) If the Annual Meeting of Members was not conducted at the APS convention, SSCP Dissertation Award Winners may be presented their certificates during the Division 12 Awards Presentation/Social Hour. If dissertation award winners are not in attendance, their certificates are mailed to them. If they decline to travel to the APA Convention, then winners of the SSCP Student Posters Competition can receive their certificates at this awards presentation ceremony. Awardees can present posters at this meeting. (Dissertation Award Committee Chair, SSCP Representative to APS Program Committee or President) (see December)

2) Present SSCP Distinguished Scientist Award (optional) (President)

3) Present Lawrence H. Cohen Outstanding Mentor Award (optional) (President)

Call for nominations for following year's Distinguished Scientist Award (President)

## **September**

Select APA Program Chair and start work on program for upcoming year (President-Elect)

NOTE: Find out number of hours allotted from Lynn Peterson or D12 Rep.

Nominations for offices determined (Past-President and Nominations Committee)

Attend Div. 12 meeting (Div. 12 rep)

Select Chair of Student Dissertation Awards Committee (President)

Call for nominations for Student Dissertation Awards; November deadline (President appoints the Chair of Dissertation Awards Committee). NOTE: Students need to be SSCP members.

Recruit new graduate students as members; contact DCTs of Academy Programs and on CUDCP listserv to encourage them to have their new students join SSCP (Membership Committee; Secretary/Treasurer reminds Membership Committee)

Discuss/decide whether to hold the next Annual Meeting of Members at APS or APA.

## **October**

Elections (Past President)

Notify candidates and members of outcome (President)

Call for submissions for student posters at APS (President)

First reminder to full and student members to renew membership (Membership Committee; Sec/Treas. sends current database to Membership Cmte.; Student Listserv Facilitator or Student Reps also send general reminder over Student Listserv)

Selection of Distinguished Scientist Award Winner (Board)

Notify (a) winner of Distinguished Scientist Award, asking him or her to send his or her social security number and home address to secretary/treasurer so payment can be processed; (b) nominators of unsuccessful candidates; (c) SSCP membership about the winner (President)

## **November**

Deadline for Student Dissertation Awards nominations

Collect schedules from Board members and determine time for monthly Board meeting calls in new year (President-Elect)

Submit Div. 12 year-end report (Div. 12 rep)

Call for nominations for Susan Nolen-Hoeksema Early Career Research Award (Committee)

## **December**

Selection of Student Dissertation Award winners (Chair of Dissertation Awards Committee, with/without Board input, depending on number and quality of submissions).

Announce Student Dissertation Award winners to winners and membership (President)

Invite the Dissertation Award winners, in order until one accepts, to present a poster at the Division 12 Social Hour. If none are going to APA, invite APS poster competition winners and then Distinguished Contributions, again in order until one accepts. If there still are no takers, invite the SSCP student reps. (President-Elect)

Submit APA Program (major time blocks only; details due in mid-late January) (President-Elect, Division 12 Representative)

Reminder to full and student members to renew membership (Membership Committee in conjunction with Secretary-Treasurer)

Prepare tax forms for Div 12 office (due early Jan) (Secretary/Treasurer)

Call for nominations for Lawrence H. Cohen Outstanding Mentor Award (Past-President)